

CYBHI

Children and Youth
Behavioral Health Initiative



Overview of CYBHI

Provided to the Assembly Budget Subcommittee #1

April 17, 2023



California's Youth Need Support

The State of California recognizes the scale and urgency of mental health issues faced by young people. The U.S. Surgeon General has also declared that we are facing a youth mental health crisis.

While the COVID-19 pandemic has exacerbated this crisis, it has been in the making for more than a decade.

Nearly 3 in 5 U.S. teen girls **felt persistently sad or hopeless** in 2021—a nearly 60% increase and **the highest level reported** over the past decade.¹

The rate of suicide among Black youth in California **doubled** between 2014 and 2020.²

Mental health issues are the **leading cause of hospitalization** for children under 18 in California.³

More than half of LGBTQ+ students **experienced poor mental** health and more than 1 in 5 **attempted suicide** in 2022.⁴

Governor's Master Plan for Kids' Mental Health

Governor Newsom Announced Master Plan for Kids' Mental Health August 18, 2022

- \$4.7B so every Californian aged 0-25 has increased access to mental health and substance use supports
- Whole Child, "All of the Above" Approach
- Multi-year, fundamental overhaul to invest in and build needed system infrastructure
- CYBHI at the Core

Other investments and initiatives in California being implemented in coordination and collaboration:

- \$4.1B on a community schools' strategy to connect kids and families to essential services including health screenings, meals and more, as well as expanded learning opportunities
- \$5B on a Medi-Cal CalAIM initiative to better integrate health and behavioral health services for low-income kids and improve child health outcomes, including prevention
- \$1.4B to build the healthcare workforce that expands our capacity to meet the health needs of Californians, including children and families.
- State budget investments in school-based behavioral health workforce, such as school counselors

What is the CYBHI?

The **Children and Youth Behavioral Health Initiative (CYBHI)** is a historic, five-year, \$4.7 billion initiative to reimagine and transform the way California supports children, youth and families.

The initiative focuses on:

- Promoting mental, emotional and behavioral health and well-being.
- Prevention and providing services to support children and youth well-being.
- Providing services, support and screening to ALL children and youth for emerging and existing needs connected to mental, emotional and behavioral health and substance use
- Addressing inequities for groups disproportionately impacted by mental health challenges and that face the greatest systemic barriers to wellbeing

Built on a foundation of **equity** and **accessibility**, the CYBHI is designed to **meet young people and families where they are** to create an ecosystem that can help them **when, where and in the way they need it most.**

CYBHI Workstreams

Workforce Training and Capacity		Behavioral Health Ecosystem Infrastructure		Coverage Architecture	Public Awareness
Wellness Coach Workforce (HCAI)	Trauma-informed Training for Educators (CA-OSG)	School-Linked Partnership and Capacity Grants (DHCS)	Student Behavioral Health Incentive Program (DHCS)	Enhanced Medi-Cal Benefits – Dyadic Services (DHCS)	Public Education and Change Campaigns (CDPH)
Broad Behavioral Health Workforce Capacity (HCAI)	Early Talents (HCAI)	Behavioral Health Continuum Infrastructure Program (DHCS)	Youth Suicide Reporting and Crisis Response (CDPH)		ACEs and Toxic Stress Awareness Campaign (CA-OSG)
Behavioral Health Virtual Services Platform and Next Generation Digital Supports (DHCS)				Statewide All-Payer Fee Schedule for School-Linked Behavioral Health Services (DHCS/DMHC)	Targeted Youth Suicide Prevention Grants and Outreach Campaign (CDPH)
Healthcare Provider Training and e-Consult (DHCS)					Parent Support Video Series (DHCS)
Scaling Evidence-Based and Community-Defined Practices (DHCS)					
CalHOPE Student Services (DHCS)					
Mindfulness, Resilience and Well-being Grants (DHCS)					
Youth Peer-to-Peer Support Program (DHCS)					

Highlights of Accomplishments and Activities

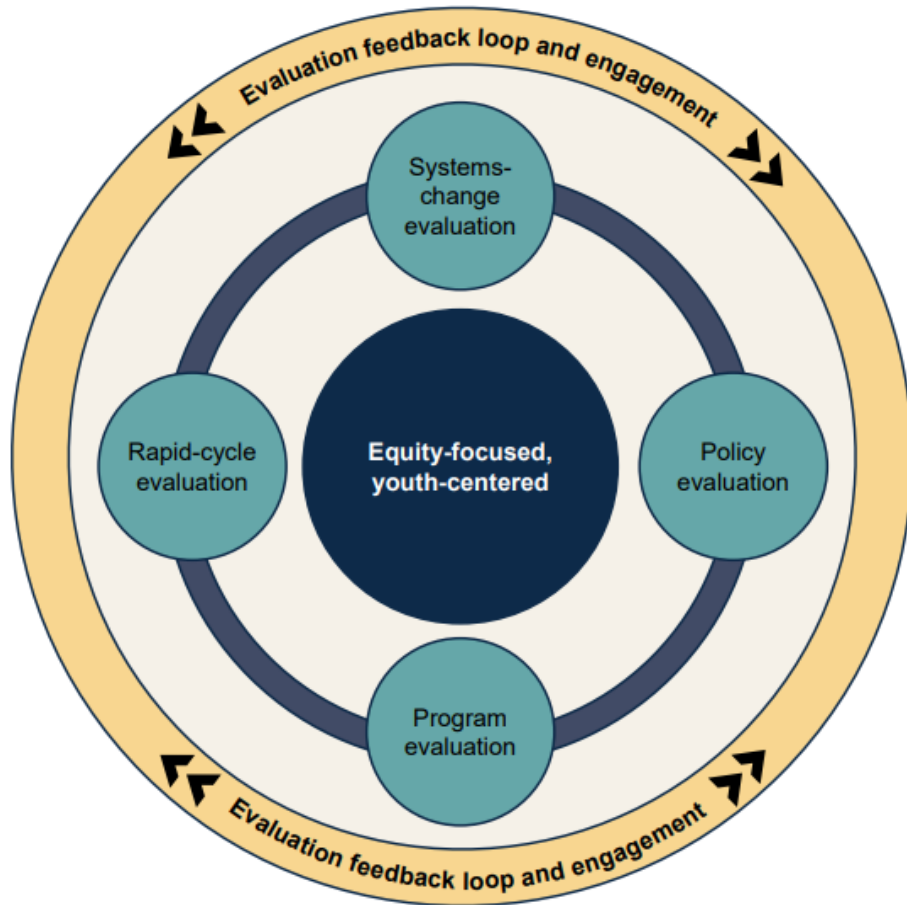
- Engaged more than **1,000 organizations**; conducted **almost 400 listening sessions**, stakeholder and expert interviews; and facilitated or participated in **over 75 roundtables, focus groups and community engagement sessions** as of January 2023.
- Awarded **millions in grants, loan repayment programs and scholarships** to increase the number of behavioral health professionals, including **\$37.6 million in grants** to support psychiatric mental health nurse practitioner training and psychiatry residency programs, **\$117.7 Million in grants** to support BH providers at 134 CBOs, \$10.25 million between August and October 2022 through scholarship and loan repayment awards, \$11.5 million in Peer Personnel Training & Placement grants - \$9.5 million of which was funded through CYBHI, more than \$40 million in Health Professions Pathway Program (HPPP) grants - \$23 million of which was funded through the CYBHI, in process of awarding \$23 million to fund SUD Earn and Learn organizations that provide education and paid job experience for students earning their SUD certification, increasing social work education capacity.
- Awarded **\$480.5 million in grants for 54 projects** to improve California's behavioral health infrastructure for children and youth.
- In process of releasing 6 rounds of grant funding opportunities totaling \$429M by summer 2023 to scale **evidence-based practices and community-defined practices** based on demonstrated effectiveness, impact on racial equity and long-term sustainability.
- Created the framework for a **new, certified Wellness Coach role** to increase our state's overall capacity and grow a larger and more diverse BH workforce.
- Launched program to support increased student access to preventive, early-intervention and behavioral health services from school-affiliated behavioral health providers, through building partnerships involving **23 Medi-Cal Managed Care Plans, 57 County Offices of Education, more than 300 local education agencies** and **all 58 County Behavioral Health Departments**.
- Ongoing engagement of multi-sector workgroup in development of **all payer fee schedule** for school-linked BH services.
- Provided training and support for Social Emotional Learning that reached more than **6,000 school staff** across all 58 California County Offices of Education and their local districts.
- Beginning January 1, 2023, **children in Medi-Cal and their caregivers became able to access dyadic services** – an innovative, evidence-based approach that includes behavioral health well-child visits, navigation and follow-up referrals, psychoeducation, family training and counseling.
- Began designing and selected anchor vendor for the **new, statewide Behavioral Health Services Virtual Platform** - which will launch in January 2024.
- Developed and beta-tested trauma-informed training for educators that will be free and publicly available in summer 2023.
- Developing **public information campaigns**: reducing stigma, ACEs and toxic stress, targeted youth suicide prevention
- Launched **free, online resource hubs** focused on [youth mental health](#), [suicide prevention](#) and [back-to-school mental health resources](#) in order to help young people - and those who support them, quickly find the help they need.

School-Behavioral Health Partnership to Support Student Well-Being

Schools are a critical component of the ecosystem that supports the emotional, mental and behavioral health of California's children and youth. That's why the CYBHI includes:

- **New statewide fee schedule** for school-linked behavioral health services reimbursement from Medi-Cal and commercial health plans
- **Building infrastructure** through school-linked partnership and capacity grants (\$400M to K-12; \$150M to higher education)
- **Behavioral health workforce investments** and developing a **new Wellness Coach role**, as well as investments beyond CYBHI in school-based (\$20,000 scholarships for PPS providers through Golden State Teacher Grant Program) and overall BH workforce
- **Scaling of evidence-based and community-defined practices**, with an emphasis on racial equity, prevention, early intervention; schools are eligible to apply for funding for a range of practices in multiple rounds of grant funding
- **Supporting partnerships** between Medi-Cal managed care plans and LEAs through SBHIP
- **CalHOPE Student Services program that provides tools and learning community opportunities** for schools for SEL, as well as Healthy Minds, Thriving Kids educator videos
- **Supporting Wellbeing, Mindfulness, and Resilience of Students** through \$65M of new grants
- **Providing training on trauma-informed care** to educators, school personnel and childcare providers.
- **Increasing access** to range of pre-clinical services and navigation to clinical services for students and families through new virtual services platform
- **CalHHS Youth Mental Health Resources Hub** partnered with CDE to include resources for educators

CYBHI Evaluation Components



Systems change evaluation

- Understand multi-system infrastructure, practices, siloes, resources, and structural, relational, and mindset changes needed to transform child and youth behavioral health ecosystem

Policy evaluation

- Assess implementation, and impact of policy on outcomes, including policy role of CYBHI legislation

Program evaluation

- Assess population health and well-being outcomes, and near-term indicators of progress, including workstream progress

Rapid-cycle evaluation

- Employ strategies for rapid feedback and data for continuous quality improvement