



NATIONAL ALLIANCE OF
TRAUMA RECOVERY CENTERS™

Trauma Recovery Centers in California

A Proven, Survivor-Centered Model Strengthening Communities

California Leads the Nation in Trauma Recovery Center Services

California pioneered the nation's first Trauma Recovery Center (TRC) in 2001 at University of California, San Francisco, creating a new evidence-based model of care for survivors of violent crime who were not being reached by traditional systems. Randomized clinical trial data demonstrated that the TRC model is both clinically effective and cost-efficient. In response to this evidence, California passed legislation in 2013 to replicate the model statewide and, in 2017, codified standards establishing minimum requirements and best practices for TRCs.

TRCs provide comprehensive, survivor-centered care that integrate evidence-based, trauma-focused mental health treatment with assertive outreach and case management. By meeting survivors where they are, in hospitals, homes, shelters and community settings, TRCs remove barriers to care and prioritize immediate needs such as safety, housing and stabilization alongside short-term healing.

Why Trauma Recovery Centers Matter Now

Violent crime leaves lasting psychological, physical, and economic impacts on survivors, families, and entire communities. The TRCs ensure access to care for those who might otherwise go untreated, engaging with:

- Survivors of violence, including but not limited to: sexual assault, domestic violence, gun violence, vehicular assault, community violence, human trafficking, and physical assault
- Family members of homicide victims
- Communities of color, immigrant and refugee communities, LGBTQ+ communities
- Survivors who are unhoused or living in poverty
- Survivors with substance use disorders and/or complex mental health issues.

Since 2001, the TRC model has demonstrated that when barriers are removed and services are coordinated, survivors from underserved communities engage at high rates, heal more fully, and regain stability. California's statewide TRC network represents a nationally recognized innovation that strengthens public safety, advances equity, and promotes recovery for survivors of violent crime.

TRCs Strengthen Public Safety and Community Stability

Over approximately 16 sessions of care, TRC clients demonstrate:

- 44% decrease in PTSD symptoms
- 43% decrease in depression symptoms
- 96% report treatment helped them feel better emotionally
- 91% report feeling better able to handle day-to-day activities
- 89% helped to reduce or cope more effectively with substance use
- 82% effectively linked to additional community services

In addition, TRCs improve real-world stability:

- 56% increase in return to employment compared to usual care
- 41% greater reduction in homelessness compared to usual care
- 34% lower cost than usual care while delivering superior outcomes

These measurable outcomes translate into stronger families, safer communities, and reduced long-term system involvement.

What Makes the TRC Model Unique?

- An over 40% decrease in PTSD and Major Depression symptoms
- Assertive Outreach & Field-Based Care – Proactive engagement in hospitals and communities to reach underserved survivors.
- Practical Stability Supports – Assistance with housing, employment, financial stability, and victim compensation.
- Culturally Responsive, Non-Stigmatizing Services – Trauma-informed care designed for communities facing systemic barriers.
- Ongoing Evaluation & Accountability – Continuous outcome monitoring to ensure effectiveness and fidelity.

As of 2026, California has 20 TRCs across 11 counties serving more than 9,000 crime survivors annually. Nationally, there are 53 TRCs across 15 states – with California setting the standard for coordinated, accountable, evidence-based victim services.

TRCs Across California

Southern California

10. Citrus Counseling Services TRC (Redlands)
11. REACH TRC (Hemet)
12. Downtown Women’s Center/Peace Over Violence (Los Angeles)
13. Family Dynamics Resource Center (Redding)
14. Long Beach TRC (Long Beach)
15. Miracles Counseling Center (Gardena)
16. UCLA Olive View TRC (Sylmar)
17. UCLA Safe Harbor TRC (Torrance)
18. CSUN Strength United TRC (Van Nuys)
19. Survivors of Torture International (San Diego)
20. Palomar Health Foundation TRC (Escondido)
21. UCSF Suzanne Dworak-Peck TRC (Los Angeles)



Northern California

1. Alameda County Family Justice Center (Oakland)
2. Building Opportunities for Self-Sufficiency TRC (Alameda)
3. Contra Costa Family Justice Center TRC (Richmond)
4. Solano TRC (Fairfield)
5. Mariposa Resiliency Center TRC (Gilroy/Santa Clara County)
6. Restorative Pathways TRC (Alameda)
7. Partnerships for Trauma Recovery (Berkeley)
8. UCSF Trauma Recovery Center (San Francisco)
9. UC Davis Health TRC (Davis)

