# Health care affordability for California workers and consumers

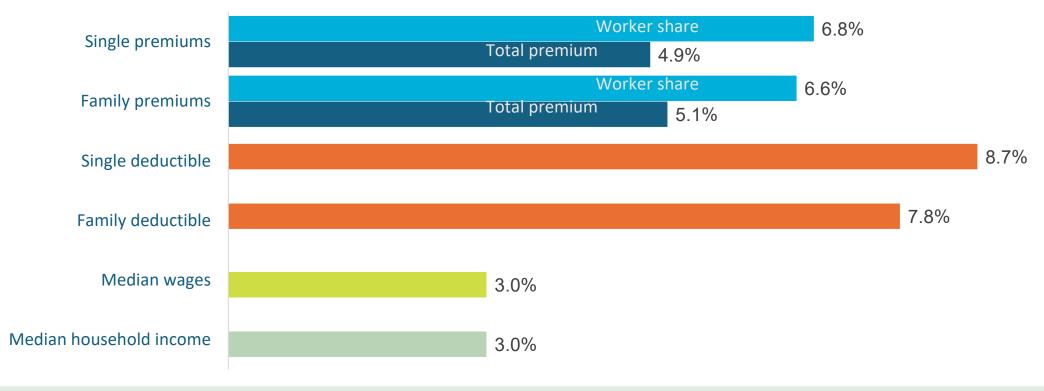
Laurel Lucia Health Care Program Director

April 15, 2024



### Premiums and deductibles have grown faster than wages and incomes

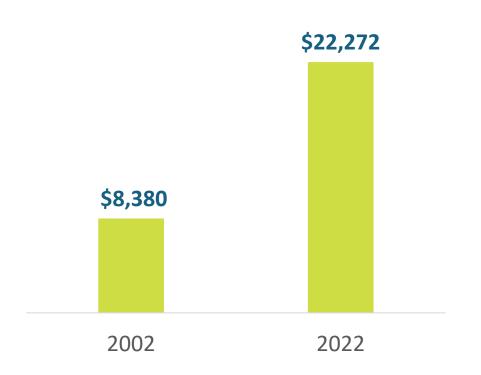
Average annual growth rates for premiums and deductibles for private-sector workers; median wages; and median household income in California, 2002-2022





### Faster growth in premiums adds up over 20 years

Family premiums for private-sector workers, 2002 and 2022



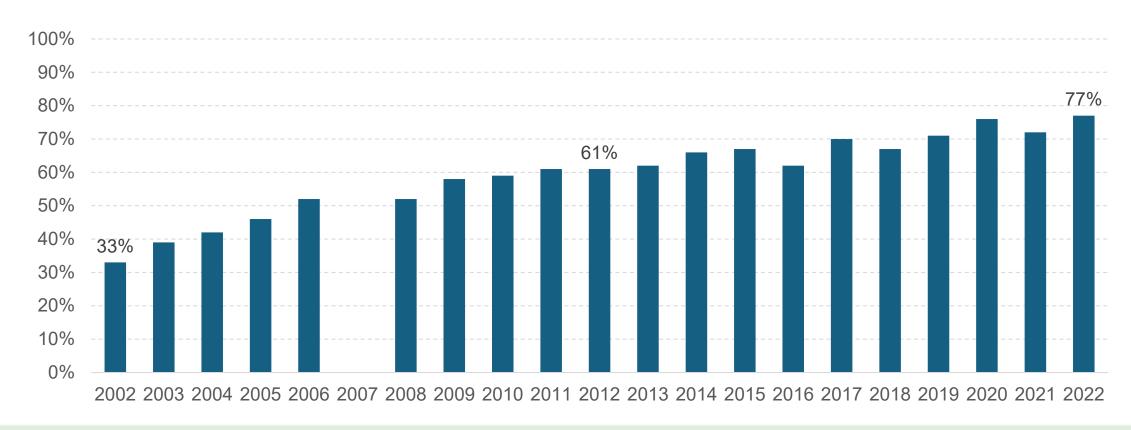
Premiums were 2.7 times higher in 2022 than in 2002

California median wages and median household income were 1.8 times higher in 2022 than in 2002



#### Deductibles are increasingly common

Share of private-sector workers enrolled in coverage with deductibles in California, 2002-2022





## Health care takes up an increasing share of household budgets

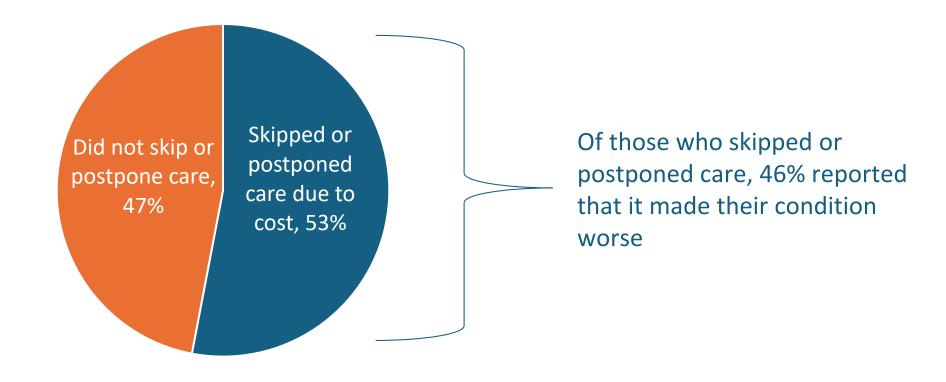
Typical private-sector family coverage premium and potential deductible spending as a share of median household

income, 2002 and 2022 4.3% \$10,414 Premium plus potential deductible spending Average deductible 7.9% ■ Average family premium, worker share 4.2% 2002 2022

enrollees had a deductible.



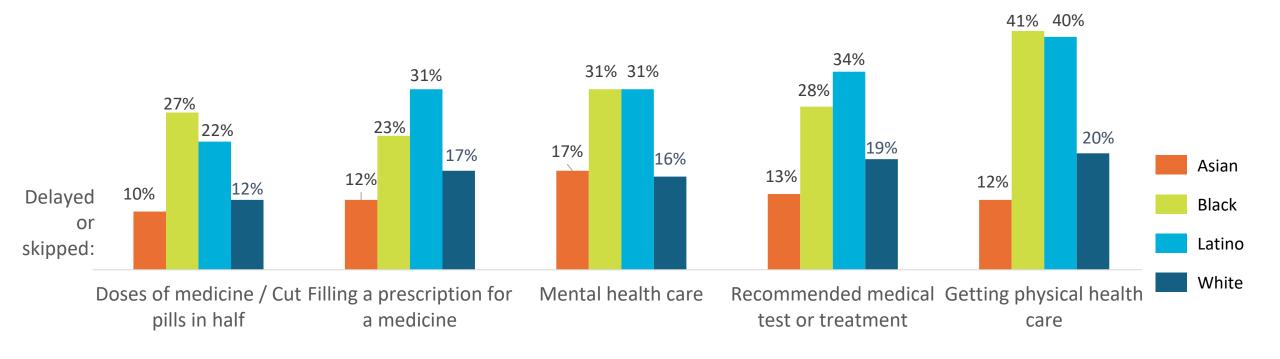
### More than half of Californians delay or skip care due to cost, making conditions worse





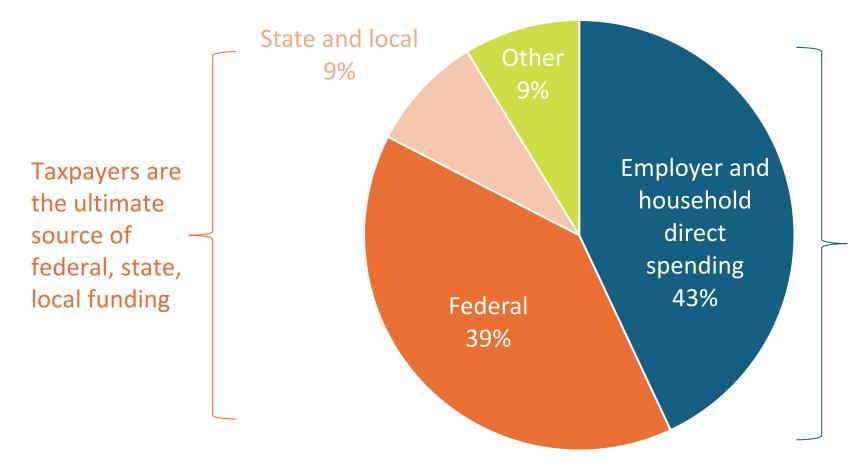
#### Delays in care due to cost are most common for Latino and Black Californians

Share of California adults reporting that they or a family member skipped or delayed the following in the past 12 months due to cost, by race/ethnicity (2022)





#### Who paid total CA health expenditures? (2022)



Includes employer and worker insurance premiums, other premiums such as Covered CA or Medigap, household-out-of-pocket spending, workers comp



#### Contact

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#### Recent report:

Miranda Dietz and Laurel Lucia, Measuring Consumer Affordability is Integral to Achieving the Goals of the California Office of Health Care Affordability, UC Berkeley Labor Center, January 2024.

https://laborcenter.berkeley.edu/measuring-consumer-affordability/

